

“Family Fun Eat & Run”

5K and 1/2 Mile Run/Walk

Sunday, April 9, 2017 ♦ City Park, New Orleans, La



DATE: Sunday, April 9, 2017

TIME:

- 7:00 am: Race Day Registration and packet pickup opens
- 8:30 am: Start of 5K Run/Walk
- 9:30 am: Start of 1/2 Mile Kids Fun Run/Walk

LOCATION:

City Park, New Orleans
♦ Site of the new Louisiana Children's Museum ▶
(Intersection of Henry Thomas Drive & Palm Drive)

PROCEEDS BENEFIT AREA CHILDREN'S MUSEUMS

**Support the Louisiana Children's Museum-New Orleans,
the Bayou Country Children's Museum in Thibodaux or the
Children's Museum of St. Tammany-Northshore.
Choose below to benefit one or all three Children's
Museums.**

ENTRY FEES: Checks Payable to: **NORSI**

ADULT (18 & OVER)

- \$30.00 by March 20th
- \$35.00 by April 4th & at pre-race day packet pickup
- \$40.00 Day of Race (Sunday, April 9th)

YOUTH: * Proof of age required at packet pickup

- \$10.00 Age 11 to 17
- Free: Age 10-under

HOW TO REGISTER:

Online link posted at www.NOLArunning.com

- **BY MAIL TO:** * Postmarked deadline March 29th
NORSI, P. O .Box 2348, Kenner, La 70063

PRE-REGISTER In Person (Available at the following locations)

**** Payable by check to: NORSI**

- Varsity Sports - New Orleans
- GNO Cyclery - New Orleans
- Louisiana Running & Walking, New Orleans & Metairie
- Elmwood Fitness Center, Harahan

Packet pickup: Date, Time, location (posted later on website)

T-SHIRTS:

Event T-Shirts given out on the day of race to pre-registered entrants first. All entrants registered day of race will receive t-shirt as supplies allow. In event of reorder, details will be announced and posted on event website. Please keep race number and t-shirt tab to claim your shirt.

AWARDS:

5K: 1st overall, 1st, 2nd Place age groups 10-under thru 75-over
1/2 Mile Kids Run/Walk: 1st overall, 1st, 2nd, 3rd place ages 6-under, 7-9, 10-12, 13-15
Medallions to all 1/2 mile youth division finishers.

POST RACE REFRESHMENTS ♦

For our inaugural year's race we had this and more !

Pork chops, jambalaya, BBQ Shrimp, White beans & Rice, Gumbo, Hot dogs, Hamburgers, Mini-Muffalettas, Ham Pistolettes, Roast Beef Pistolettes.

For adults only (21 -over) Beer, Margarita's, Bloody Mary's, Hard Lemonade, Kentwood Spring Water

For the Kid's: DJ with Karaoke, Bounce Houses, Lemonade, Sno Balls, Funnel Cakes, Toy Prizes and more.

RACE INFORMATION:

- ❖ **PRODUCED BY:** New Orleans Running Systems, Inc. and PIPE
- ❖ **WEBSITE:** www.NOLArunning.com
- ❖ **EMAIL:** chucknorsi@cox.net
- ❖ **RACE DIRECTOR:** Chuck George
- ❖ **PHONE:** 504-884-7565

◀ BENEFITING THREE (3) AREA CHILDREN'S MUSEUMS ▶



Signature of Parent or Guardian required if entrant is under 18